



Workshop on Innovative Tools to Engage Older Adults in Managing Their Health

11 April 2024, 09.00h-13.30h

Brussels, the Greater Copenhagen EU Office

Greetings,

The [SMILE Horizon 2020 project](#), led by a consortium of 13 partners from the EU and Canada, supports older adults with severe health conditions in 'ageing in place.' Within our living labs, we actively engage senior citizens, particularly those with COPD, dementia, or post-surgery, to comprehensively understand their unique needs and preferences for in-home care. We provide collaboratively developed SMILE digital technology and other e-health solutions embedded in Smart Inclusive Living Environments, specifically tailored to address the challenges frail older people face in their everyday living.

In collaboration with the [Active Assisted Living Programme](#), the University of Copenhagen, a [key member of our SMILE consortium](#), is organizing a workshop titled “Innovative Tools to Engage Older Adults in Managing Their Health.” The workshop is scheduled for April 11th, 2024, and will be hosted at the Greater Copenhagen EU Office.

Experts, policymakers, social and healthcare sector representatives, and organizations from the field of ageing are invited to come together for insightful discussions and knowledge-sharing sessions to learn about the results of SMILE and important policy considerations supported by the project.

Moderated by [Lars Kayser, PhD, MD](#), and [Emilie Kauffeldt Wegener, MA, MS.c.](#), both from the University of Copenhagen, the workshop aims to address empowering older adults to manage their health and the pressing need to effectively utilize digital health services in transforming healthcare while ensuring inclusivity for older individuals with varying digital competencies.

Attendees will learn about innovative healthcare models such as The Epital Care Model (ECM) using digital technology and the Readiness and Enablement Index for Health Technology (READHY) instrument. The agenda includes sessions on the practical application of the ECM model in healthcare organizations and the utilization of READHY for the stratification of users to reduce inequity in digital transformation, particularly among older adults.

The workshop aims to generate actionable outcomes informing local and regional healthcare planning, emphasizing cross-sectoral collaboration and interdisciplinary work. Participants will explore strategies to leverage digital tools effectively to empower older adults to manage their health.

For the detailed programme and registration, click [HERE](#)

Additionally, if you have any colleagues, contacts, or networks who might benefit from attending this workshop, please feel free to share this information with them.

Thank you for your support.

The SMILE Consortium

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