



## Workshop on innovative tools to engage older adults in managing their health

<b>Venue</b>	Greater Copenhagen EU Office, Rue du Luxembourg 3, 1000 Brussels, 6th floor
<b>Date</b>	April 11 <sup>th</sup> , 2024
<b>Time</b>	9:00 – 13:30 CET
<b>Moderators</b>	Lars Kayser Ph.d., MD, University of Copenhagen Emilie Kauffeldt Wegener, MA, MS.c., University of Copenhagen

### INVITATION

Knowledge about the benefits of digital health services exists, but how can we utilise this knowledge to succeed in the digital transformation of healthcare without excluding those with low digital competencies?

At this workshop, organisations and policymakers in the healthcare sector can discuss how to transform healthcare services using technology. Throughout the workshop, we will share insights from our work in the Horizon 2020 EU project ‘SMILE’ on ‘Smart Inclusive Living Environments’ for older people with severe health conditions. We will present an innovative healthcare model, The Epital Care Model (ECM) and the Readiness and Enablement Index for Health Technology (READHY) instrument. We aim to explore how these tools can inform your organisation. We aim to inspire participants to engage in organisational transformations and provide a networking opportunity.

#### *Workshop outcomes*

- Understand how the ECM model can help the local and regional planning of healthcare services, emphasizing cross-sectoral collaboration and interdisciplinary work.
- Understand how READHY can be utilized to stratify users, reducing inequity in digital transformation.

Register for the workshop [here](#)

### MEETING AGENDA

<b>9:00 - 9:30</b>	<b>Coffee and networking</b>
9:30 - 9.45	Welcome by Terje Peetso, Chief Medical Innovation Officer, The North Estonia Medical Centre
9:45 - 10:00	Introduction
10:00 - 10:45	Group discussion <ul style="list-style-type: none"> <li>○ How to use the ECM in your organization?</li> </ul>
10:45 - 11.00	Plenary discussion
<b>11:00 - 11:15</b>	<b>Break</b>
11.15 - 11.30	READHY model and Stratification
11.30 - 12:00	Group discussion <ul style="list-style-type: none"> <li>○ How READHY can be used for stratification of users to reduce inequity?</li> </ul>
12.00 - 12:30	Plenary discussion
12:30	Closure
12:30 – 13.30	<b>Networking lunch</b>